



Newsletter – Spring 2025

Supporting bereaved people via creative arts projects. Bringing hope, healing, and connection.



In this newsletter:

- **Details of our upcoming drop-ins and workshop sessions**
- **Information about our projects and how people can participate**
- **Updates on our collaborative arts projects**
- **Links to our online activities and contact details**
- **Details of how to support us**
- **Downloadable flyers**

In our first year we have:

- Connected with over 300 people at 145 free drop-ins or workshops
- Enabled children and their families to have fun through our 'Buckets of Joy' crafting sessions
- Rolled out our 'Rainbows of Hope' project in our local libraries
- Created 'Trees of Love', full of memorial hearts in different community settings
- Created 3 quilt panels made from over 100 memorial squares
- Established regular 'create and chat sessions' in North Walsham
- Supported people via our online stitching group to create individual and collaborative pieces.
- Connected with 246 people via our Facebook group
- Secured funding from Norwich Consolidated Charities, National Lottery Awards for All, North Walsham Community Shop, and Norwich Freeman's Charity, which means we can plan ahead
- Recruited the most fabulous and compassionate team of volunteers
- Exceeded all our expectations!

Thank you to:

- Our team of volunteers (Janet, Diane, Laura, Andy, Emma, Heather, Rachel, Frances, Hayley, Sue, Lisa) for their kindness and hard work.
- Everyone who has provided us with funding, attended fundraisers, provided us with free or reduced venues, and donated art and craft materials
- All those who have participated in our creative activities

Our activities

Our workshops and drop-ins:

All our sessions are currently fully-funded and all materials are provided. They are gentle, friendly, and open to everyone. We do not intrude but we are willing to listen and assist people in accessing any support they need. Please see our flyers or www.rememberingtogethercic.com for details

Rainbows of Hope at local libraries

Our FREE rainbow-themed drop-in craft sessions are in local libraries (suitable for all ages): These offer a taster of our different craft activities and are a great way to meet the team and find out what we do.



North Walsham (Thursdays 1-3) – March 13th, May 8th, June 12th, July 10th

Aylsham (Thursdays 1-3) – March 20th, May 22nd, June 19th, July 17th

Stalham (Tuesdays 3.30.5.30) – March 25th, April 29th, June 24th

Cromer (Tuesdays 1-3) – March 11th, July 8th

Sheringham (Tuesdays 1-3) – June 10th

Holt (Fridays 11-1) – March 21st

Acle – we will be coming soon!

We are in the process of sorting extra dates for Sheringham and looking at finding regular slots in the libraries from the autumn.

Buckets of Joy



Join us for FREE children's craft drop-ins at the Black Swan Theatre in Bank Loke, North Walsham (children must be accompanied by an adult).

These inclusive sessions are a great opportunity for parents and children to make things together. There are optional uplifting memory activities available.

Our upcoming buckets of joy sessions are on:

Wednesday 9th April 10.00-2.00 – Easter extravaganza

Friday 30th June 10.00 – 2.00 – All that sparkles

Wednesday 13th August 1-.00-2.00 – Buckets of Joy

Friday 22nd August 10.00 -2.00 – All the colours of the rainbow



"it was epic"

"I had an amazing day!"



Create and Chat at the Black Swan Theatre, North Walsham

We can be found on the third Monday every month at the Black Swan Theatre (next door to the Black Swan Community pub) in bank loke North Walsham (7-9 pm) for our 'Create and Chat' drop-in sessions.



This is a friendly and informal group and each month we try a different craft. We always take a choice of activities that include things that are easy to do.



Coming up:

17th March – Weaving our stories

14th April (2nd not 3rd Monday) – Gelli printing

19th May – Collage memory boxes

16th June – Mixed media journals

21st July – Seaside memories

18th August – Quilts of comfort

15th September – Stitched stories



Pop-up sessions

We offer sessions where we are asked to. If you have a group that would like us to come along and facilitate a session, please contact Caroline at RememberingTogetherGroup@gmail.com



Trees of Love

Throughout the year we have made memorial hearts from all sorts of materials at pop-up sessions. Often we display these on 'Trees of love'.

At Aylsham library we made all sorts of hearts; And in Holt we made Christmas rainbow themed hearts:



We supported Birchwood Medical Practice with heart-making for their Christmas memory tree.

We will be making memorial hearts at upcoming public events where we will have an activity table.

Up-coming pop-ups:

Dying Matters Week: Thursday 1st May 10-2 - The Forum, Norwich and

Wednesday 7th May 10-12.30 at Birchwood Medical Practice, North Walsham for Dying Matters Week

Monday 5th May – North Walsham Children's Day

Exhibition and pop-up workshops

An important part of our work is supporting people's mental health. We support people to express their experiences of bereavement and mental health via art.

Therefore, we are delighted to have the opportunity to exhibit some of our collaborative pieces at the 'Still Not Safe For Treatment' exhibition curated by people with lived experience.

Trigger warning: The curators create an emotionally safe space for the artists exhibiting and visitors to the exhibition. Nevertheless, some of the exhibits will cover potentially triggering themes such as suicide.

We will be displaying our memorial quilts, our rainbows of hope, and other pieces of collaborative art that express bereaved people's experiences.



We will be facilitating three free pop-up workshops within the exhibition from 1-5 pm on the following dates in April:

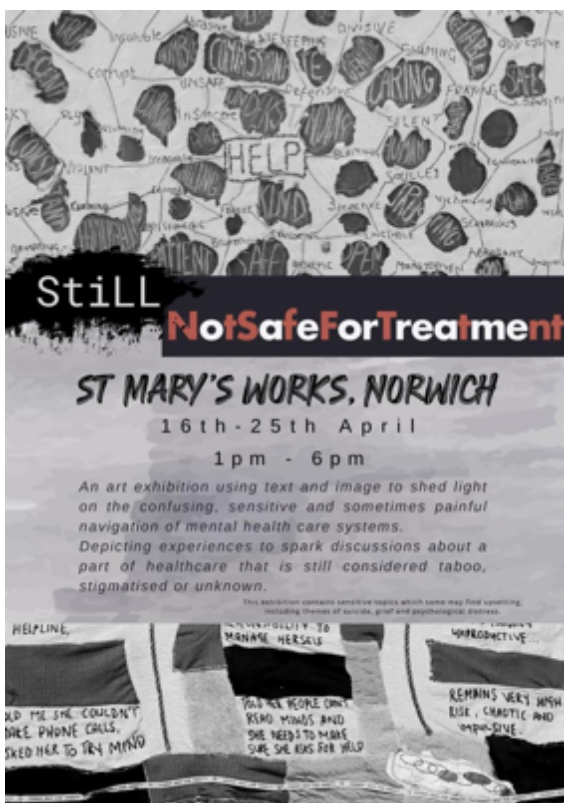
Saturday 19th – Picking up the threads

Tuesday 22nd – Remembering together

Thursday 24th – Rainbows of hope

These workshops will be gentle and supportive and people can stay drop-in or come for the afternoon.

There will also be a Remembering Together collaborative piece that visitors can contribute to throughout the exhibition.



Online community

Facebook group – ‘Remembering Together’

Our Facebook group is a kind, gentle, encouraging and creative space. We have members from all over the UK. We post all our details of activities and sessions (with reminders) and pictures of all the amazing things people make. If you want up-to-date information about Remembering Together – this is the best way to connect with us.

Stitched Stories online group

Our **stitched stories online group** meets via zoom bi-monthly. This enables people to join us from home. The group piloted reminiscence slow-stitching and a collaborative Rainbow of Hope. Our next project will be mixed media ‘Seaside Memories’. Please email Caroline for to receive a starter kit and zoom links RememberingTogetherGroup@gmail.com

Our next session is :
Monday 10th March 7-8.30



Men's Shed



We work in collaboration with North Walsham Men's Shed who meet at North Walsham Sport's Centre. Andy can usually be found there on **the last Friday afternoon of the month (12-3pm)**.

Please visit our website for information about Remembering Together. We also have an online shop with all sorts of hand selected craft kits or goods.

www.rememberingtogethercic.com

Upcoming Projects

'Quilts of Comfort'

We are beginning to make some small quilts to gift to people attending Coroner's Court. Please contact Caroline if you are interested in either making quilts or attending quilting bee workshops.

We have created some quilt kits that people can purchase too.

The beautiful quilt below was made with love by one of our supporters.



'How to' Workshops

We are still exploring 'how to' workshops which will teach people sewing skills. For example, making a memory cushion, learn to quilt, learn to make a bag, how to use your sewing machine etc. If there is enough demand we will run mini-courses in small, supportive groups. Please contact Caroline if you are interested in this.

'Picking up the threads'

We often hear bereaved people describe feeling 'incomplete' and this got us thinking about ways we could support people to express and process these feelings. As a lover of vintage sewing stuff and an upcycler, I have lots of people's unfinished projects from the past. We wanted to make this a positive activity so we will be launching various creative projects based on utilising unfinished work and 'picking up the threads' to create something new. Watch this space for details!

Craft for wellbeing kits

We believe that crafting can be a great coping strategy. Busy hands and calm minds. Our volunteers have created a variety of crafting kits that people can buy to use for their own wellbeing or as a gift to someone who needs it. These are all for sale in our online shop on our website www.rememberingtogethercic.com

We also sell kits at some events we attend. We will have the full range (including cheap inspiration kits made from recycled things) at **Forgotten Fabrics Sunday 11th June 1-2** at Whitwell Station Nr Reppham. This is a great place to stock up on crafty bits too.



Fundraising

We know from the feedback that we are making a big impact with a relatively small amount of money.

We are grateful to Norwich Consolidated Charities who funded our Pilot project, the National Lottery Awards for All grant, a grant from Norwich Freeman's Charity and another from North Walsham Community Shop. We appreciate these grants but we need more if we are going to deliver all our exciting plans. We have about a third of what we need for the next 18 months.

We want as much of our activity fully funded so it is accessible. However, we welcome donations!

There is a 'donate' button on our website.

We will be putting our donations bucket out at all our future sessions.



We are grateful to all the individuals and organisations that have donated us fabric, craft items and equipment. This helps us stretch our funds further. It also often inspires projects as we explore how we could use things!

We have the following fundraising events coming up – please share the information with others, or, better still, attend and spend!

Quiz and Pizza evening - Friday March 28th 7pm, at The Diplomat Pub on Badersfield, Nr Coltishall. £10 per ticket (includes food).

Sunday 11th May 10-2 – Forgotten Fabrics, Whitwell Station, Nr Reepham

Saturday 2nd August 2-8pm Vintage Cream Tea Garden Party (details TBC)

Friday October 3rd (6.45 for 7pm) – Prize bingo at Gimmingham Village Hall

Things we can use as raffle prizes at fundraisers are always welcome!

QUIZ TIME

Charity Quiz Night at The Diplomat

Join Remembering Together for a fun evening at **The Diplomat in Badersfield** on **28th March 2025!** We're hosting a Charity Quiz Night to support a wonderful cause, and we would love for you to be a part of it.

Event Details
Date: 28th March 2025
Time: Quiz starts at 7 PM
Location: The Diplomat, Badersfield

Entry and Participation
Cost: £10 per person
Includes a delicious pizza buffet and entry to the quiz
Team Size: Up to 6 people per team

Cause
All funds raised during the event will go to **Remembering Together CIC**, a compassionate group dedicated to supporting bereaved individuals through the healing power of art and crafts.

Tickets
Tickets are available for purchase at: rememberingtogethergroup@gmail.com, rememberingtogethercic.com or speak to Caroline, Andy or Laura to book your space.

Gather your friends, put on your thinking caps, and join us for an evening of fun and food! We look forward to seeing you there and making a difference together.

Get involved

We are a grass roots organisation run by bereaved people, for bereaved people. We rely on the goodwill and involvement of others.

If you would like to volunteer we would love to hear from you. We offer training and a monthly reflective group where we ensure everyone is receiving the support they need.

Our volunteers get together regularly to prepare craft activities and make kits that we use in sessions or sell for funds.

We need volunteers to help with crafting and/or listening. We also are in need of a volunteer who likes doing administrative tasks.



Please join our **Remembering Together Facebook group**. It is a gentle, kind and creative space where we share details of all our activities and projects.

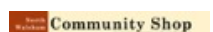


Please take a look at our website
www.rememberingtogethercic.com

Email **Caroline** at
RememberingTogetherGroup@gmail.com



Remembering Together is a non-profit organisation (registration 15427993) that supports bereaved people through creative arts projects.





Remembering Together Create and Chat Drop-in

**Black Swan Theatre, Bank Loke,
North Walsham, NR28 9BX**

We are pleased to offer these FREE drop-in sessions. If you are bereaved (or supporting someone who is), and you would like to connect with others and have a go at making things in a relaxed and informal atmosphere, you are welcome to join us.

Each month there will be a variety of creative things to try plus a main activity. All materials will be provided. The environment will be gentle and supportive. We will listen but not intrude. No need to book.

There is free parking after 6pm in the Bank Loke Car Park NR28 9JN (behind the pub).

Remembering Together CIC (registration number 15427993) is a non-profit organisation, offering support to bereaved people via creative arts projects.

Facebook - Remembering Together
www.rememberingtogethercic.com
RememberingTogetherGroup@gmail.com

We are sponsored by Norwich Consolidated Charities, Norwich Freeman's Charity, National Lottery awards for All, Coop Community Fund and North Walsham Community Shop



**Third Monday of each month, 7 -9
pm**

17th March

Weaving our stories

14th April (2nd Monday)

Gelli printing

19th May

Collage memory boxes

16th June:

Mixed media journals

21st July

Seaside memories

18th August

Quilts of comfort

15th September

Stitched stories

20th October

Woolly extravaganza

17th November

Decorated lights

8th December (2nd Monday)

Angels and stars



Rainbows of Hope 2025

All welcome at our FREE rainbow-themed drop-in craft sessions at the library: All materials provided. Our sessions are gentle and relaxed, we will listen but will not intrude.

North Walsham (Thursdays 1-3) –
February 13th, March 13th, May 8th,
June 12th, July 10th

Aylsham (Thursdays 1-3) –
March 20th, May 22nd, June 19th, July
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Stalham (Tuesdays 3.30.5.30) –
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Cromer (Tuesdays 1-3)
March 11th, July 8th

Sheringham (Tuesdays 1-3)
February 11th, June 10th

Holt – (Fridays 11-1)
March 21st



For more information - Email Caroline at RememberingTogetherGroup@gmail.com or visit our website (www.rememberingtogether.cic.com) or join our Facebook group (Remembering Together).

Remembering Together is a non-profit organisation that supports bereaved people through creative arts projects.

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